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### Doing well and feeling well

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# Doing Well and Feeling Well

The Role of Selection, Optimization, and Compensation  
as Strategies of Successful (Daily) Life Management

Darya Moghimi

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university of  
 groningen

## **Doing Well and Feeling Well**

The Role of Selection, Optimization, and Compensation  
as Strategies of Successful (Daily) Life Management

### **PhD thesis**

to obtain the degree of PhD at the  
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on the authority of the  
Rector Magnificus Prof. E. Sterken  
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the decision by the College of Deans.

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